

7V7 SPRING KICK OFF - RULES & REGULATIONS

The following rules have been designed to ensure fair play. Each player is expected to understand these rules prior to their participation in the tournament. FIFA rules apply if not modified here.

SHORT VERSION OF THE RULES

- 7 Players on the field – 1 Keeper & 6 field players
- Indirect kick-ins instead of throw-ins - defenders two yards back
- Kick-off can go in any direction
- Goal kicks can be dribbled or passed in from anywhere inside the goal box
- 7 yards back from any free kick situation
- Goal kick may be passed or dribbled out.
- No offside
- No slide tackles
- Penalties from 5 yards - keeper must stay on the line
- 25-minute running clock
- Subs “on the fly” as long as the player being substituted is off the field at halfway

Sportsmanship: Good sportsmanship is to prevail at all times. There will be no scores recorded, no play-offs and no awards.

Number of Players: A maximum of 7 players shall be on the field. The minimum number of players that a team can field is 5 if a team falls below 5 available players must forfeit. The maximum roster size is 9 players

Team Colors: The team listed first on the schedule shall always change their shirts or wear pennies if there is a clash of colors

Field Dimensions: The playing field shall be 46-48 yards long by 34-36 yards wide.

Game Duration: Each game shall be 25 minutes long. There are no timeouts and the game clock does not stop. The announcer shall have the official time for all games and will sound a horn to start and end games

Game Start: The team listed first on the schedule shall decide which end they wish to defend and the team listed second on the schedule shall kick-off.

Substitution: Substitutions are unlimited. Substitutions may be made “on the fly. The player coming onto the field may not do so until the player being replaced is completely off of the field at the half way line.

Scores: No scores will be recorded, announced or displayed

Offside: There is no offside

No Slide Tackling: If a player is sliding, no contact is allowed. If a player slides and contact is initiated, a free kick shall be awarded. This does not prevent players from sliding to stop/intercept a ball where contact is not initiated during the slide. Example: a player may slide to save a ball from going out-of-bounds.

Heading: The following rule will apply to u11 age groups and below in any Global 5's event. When a player in the u11 age group deliberately heads the ball in a game, an indirect free kick shall be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred.

Kick Off: May be taken in any direction. You cannot score directly from a kick off.

Kick-Ins: The ball shall be passed into play from the sideline instead of thrown in. The ball is considered in play when the ball is touched and moves one full rotation. You cannot score directly from a kick-in. Defending players must be at least two yards away from any kick-in.

Age Groups: Age groups are calendar year as shown in the table below

Pass-Backs: A goalkeeper cannot pick up a pass back. This would result in an indirect free-kick at the point where the keeper picks up the ball.

Keeper Rules: The goalkeeper has a maximum of 5 seconds to return the ball into play.

Direct & Indirect Kicks: All dead-ball kicks (kick-ins, kick-offs, free kicks) are indirect with the exception of corners and penalty kicks.

Seven Yard Rule: In all direct and indirect situations, defending players must stand at least seven yards away from the ball. If the defensive player's goal is closer than five yards the players

Goal Kicks: May be taken from any point inside the goal box and can be passed or dribbled out of the area.

Penalty Kicks: Shall be awarded if there is a direct free kick offense inside of the Goal-Box. Penalty kicks are direct kicks taken from a spot 5 yards from the center of the goal. The goalkeeper must stay on the line for a penalty kick and cannot advance forwards

Season	Fall 2019 - Spring 2020
Birth Year	Age Group
2012	u8
2011	u9
2010	u10
2009	u11
2008	u12
2007	u13

